



**Programme for Cross Cultural Psychiatry
Mornington Psychiatric Intensive Care Unit, Huntley Centre,
St Pancras Hospital, London NW1 OPE**

invite you for their fourth tri-annual seminar series
aimed at a dialogue between clinicians and academics

BLACK ANGER

Friday 5 May 2006, 5.30 p.m., Huntley Centre Meeting Room

**Panel: Aggrey Burke, Suman Fernando, Sandra Griffiths, David Napier, Begum
Maitra, Gordon Rogers, & Reginald Young**

Discussant: Roland Littlewood

Chair: Sushrut Jadhav, Vice Chair: Gordon Rogers

Why is the black man angry? And the black woman? Are they? And whose problem is it? Are its roots historical or contemporary? Or both? Why are many people scared of Black violence? Are there culture specific ways of working with anger? Does it have any bearing on mental health care and service provision? How could front line mental health clinicians benefit from a discussion on anger in the context of culture?

This innovative seminar discusses and challenges white perception of Black people, and vice versa. We shall debate the issue of anger and ethnicity, from a range of perspectives: psychological, anthropological, political, medical, and evolutionary. Is anger therapeutic?

Aggrey Burke is Consultant Psychiatrist and Senior Lecturer at St George's Hospital Medical School, London.

Suman Fernando is a retired psychiatrist and Honorary Senior Lecturer at European Centre for Migration & Social Care, University of Kent. Among books he has written is 'Forensic Psychiatry, Race and Culture' (co-authored with D. Ndegwa & M. Wilson).

Sandra Griffiths, Service Development Manager, Mellow, East London and The City Mental Health Trust. Sandra manages Mellow a NHS programme that targets the mental health needs of African & Caribbean communities in East London. Sandra career and voluntary work over the last 12 years reflects her commitment to promoting healthier outcomes for Black and Minority Ethnic communities. She has played an active role in setting up both services and campaigns around both physical and mental health services. She is committed to promoting and improving the health of BME communities particularly utilising popular art and media as a tool to proactively engage these communities

Sushrut Jadhav is Senior Lecturer in Cross-cultural Psychiatry, UCL; Consultant Psychiatrist, Mornington PICU; and Founding Editor, *Anthropology & Medicine* journal. Together with clinical colleagues on the Unit, Dr Jadhav is currently directing and piloting an innovative in-patient clinical programme that seeks to retrieve cultural dimensions of care in alleviating the suffering of patients of all ethnic groups admitted with acute mental illness.

Roland Littlewood is Professor of Psychiatry & Anthropology, UCL; Co-director (with S Dein & S Jadhav), UCL MSc Culture & Health; and MSc in Medical Anthropology; Joint Director UCL Centre for Medical Anthropology; and Consultant Psychiatrist, Focus Homeless Outreach Team, Camden and Islington MHSC Trust.

Begum Maitra is Consultant Child and Adolescent Psychiatrist at the East London and the City Mental Health Trust, and a Jungian analyst in private practice. She is co-editor (with Dr Sami Timimi) of *Critical Voices in Child and Adolescent Mental Health* (Free Association Books, 2006) and is involved in a study of culture and parenting practice among South Asian families with Prof John Eade, CRONEM, Surrey University.

David Napier has taught cultural relations as a Professor of Medical Anthropology at a number of universities, colleges, and medical schools in the United States. He has worked among the homeless here in London, and has also studied how ethnic minorities experience clinical care. He currently teaches in the Department of Anthropology at University College London, and is Co-Director (with Prof. Roland Littlewood), Centre for Medical Anthropology, University College London.

Gordon Rogers is the Activities Co-ordinator at Mornington Unit, where he has been working for the past 5 years. His interest in mental health has been sustained by an ever changing concept of care that provides for posts like activities co-ordinator that help set the tone for life skills and cultural embodiment to occupy a more prominent role in nursing. He has spent 21 years in Australia, is widely travelled.

Reginald Young holds a Masters degree in Race & Ethnic studies, Birkbeck College, University of London; and is a self-professed cultural worker. Mr Young originally came to the UK from then British colonial territory-British Guiana (now known as Guyana), where he had worked as a forced labourer. He is a regular participant in dialogues about race and culture, most notably through his frequent appearances over the past three decades at Hyde Parks Speakers Corner. Mr Young currently works as a Porter at the Hammersmith Hospital, London.

*This educational event is supported by Janssen-Cilag Pharmaceutical company.
There is no charge for attending.*

Booking essential: Call on 0207-5303734 by 25 April 2006